

# LINDSAY TORREY

## CURRICULUM VITAE

PHONE 914.261.9813  
EMAIL [LINDSAYMTORREY@GMAIL.COM](mailto:LINDSAYMTORREY@GMAIL.COM)  
WEBSITE [WWW.LINDSAYTORREY.COM](http://WWW.LINDSAYTORREY.COM)

### DEGREES

Master of Fine Arts, Acting	University of Tennessee – Knoxville	2008
Bachelor of Arts, English	Columbia College, Columbia University – New York	2001
Bachelor of Arts, Dance	Columbia College, Columbia University – New York	2001

### CERTIFICATES

Teacher Development Program	National Alliance of Acting Teachers ( <i>accepted to attend – May 2018</i> )	
Summer Acting Conservatory	The Actor's Center, NYC	2004

Acting	Jed Diamond, John Sipes, Lisa Rothe
Shakespeare	Terry Weber, Kate Buckley
Folio Technique	Callum Coates, Kate Buckley
Alexander Technique	Jed Diamond, Beret Arcaya
Voice	Grace Zandarski, Terry Weber, Pamela Prather, Walton Wilson
Singing	Kay Freeman
Games/Clown	Frank Deal, Lucas Caleb-Rooney, Jim Calder, Avner Eisenberg
Mask	Per Brahe, Richard Freeman
Laban Moment Analysis	Casey Sams, Katie Glasner
Modern Dance	Carolyn Adams, Ruth Adrien, Janet Soares, Katiti King
Ballet	Sabrina Pillars, Allison Lister
Master Classes	Patsy Rodenberg, Janet McTeer

### UNIONS & AFFILIATIONS

The 52 <sup>nd</sup> Street Project (New York, NY)	Mentor/Teaching Artist since 2013
Screen Actor's Guild (SAG-AFTRA)	Member since 2009
Actors Equity Association (AEA)	Member since 2007

### AWARDS & HONORS

University of Tennessee Graduate Honors	Acting Scholarship Recipient	2007
University of Tennessee Post-Graduate	Acting Scholarship Recipient	2008

### TEACHING EXPERIENCE – University Level

**Classical Acting Styles      Adjunct Course Instructor      University of New Haven      Spring '14 & Fall '17**

*An intensive practical course designed to develop acting skills for the stage, with a focus on Greek Tragedy & Shakespeare. Exploring language and rhythm through games, improvisation, and text work, students will develop the essential tools needed to approach heightened text. The semester culminates in scene work.*

**Voice for the Performer      Adjunct Course Instructor      Montclair State University      Fall 2016**

*An intensive one-semester voice & speech course for Theatre majors. Students will engage in a progression of physical and vocal exercises designed to free the natural speaking voice, connect intention to breath and sound, and expand vocal expressivity. This course will include the development of a personal vocal warm-up, and focus on scripted material drawn from classic and contemporary plays.*

**Contemporary Acting Styles Adjunct Course Instructor University of New Haven Spring 2016**

*An intensive practical course designed to develop acting skills for the stage through games, improvisation, and scene study. This course builds on a foundation set in the Intro to Acting course. Students will deepen their individual creative spirit, and work from a truthful & organic place to build characters through methods drawn from Stanislavsky and others. The semester culminates in scene work.*

**Intro to Acting Adjunct Course Instructor University of New Haven Fall 2015**

*An intensive practical course designed to develop acting skills for the stage through games, improvisation, and scene study. This course introduces exercises that increase confidence in front of an audience, and also introduces techniques for building and performing dramatic characters through methods drawn from Stanislavsky. The semester culminates in scene work.*

**Character Movement Workshop Instructor University of Iowa Spring 2010**

*This course begins with instruction in movement basics designed to build overall body awareness. Using techniques derived from a variety of movement disciplines – including the Alexander Technique, Lucid Body, mask work, etc. – students will investigate their individual physical potential and explore their sense of creative impulse | building character through movement. Scene work and text will be introduced and worked from this foundation of physical expression and imagination.*

**Movement for Actors Course Instructor University of Tennessee Fall 2008**

*This course begins with instruction in movement basics designed to build overall body awareness. Students are lead through improvisation exercises to experience different qualities of movement. Students are introduced to modern dance and are given the opportunity to explore their sense of creativity and imagination in building character through movement.*

**Acting I Course Instructor University of Tennessee Spring 2007**

*This course is an introductory course intended for freshmen and sophomores, using exercises and games from Stanislavski, Spolin, Grotowski and Bogart. Vocal work inspired by Catherine Fitzmaurice and Kristin Linklater introduce students to their vocal instruments. Storytelling, play, and improvisation are used to hone listening skills as well as teach character. Students learn how to read a play from an actor's point of view and the fundamentals of table-work are taught. The semester culminates in scene work.*

**SETC Monologue Prep Coach University of Tennessee 2007-2008**

*Coaching undergraduate theater students on classical and contemporary monologues in preparation for the South Eastern Theater Conference auditions. Focus placed on activating language, specifying objectives and deepening understanding of event and story.*

### **PROFESSIONAL COACHING EXPERIENCE**

**Polybe + Seats Theater Company Movement Coach/Choreographer 2005 - 2016**

- Collaborate closely with award-winning theater company to help build a physical life for various performance pieces.
- Work with performers and directors to facilitate a specific physical style. Areas may include historical etiquette, character condition and specialized movement (for example: period dances, dexterity in falling and lifts, stylized movement and cross-gendered performance).

**Private Coach for Business Professionals****2009 - present**

- Work with individuals to improve their presentation and language skills, with an emphasis on maximizing communication for the professional environment.
- Provide simple exercises and techniques to free the voice and release tension.
- Address habitual speech issues that inhibit communication skills, including: accent, high pitch, breathy voice, mumbling, dropped final consonants, weak voice projection, stiffness in the body, and irregular breath support.
- Help clients to find clarity, ease and confidence in their communication skills.

**Monologue/Audition Coaching for Theater Professionals****2009 - present**

- Privately coach professional actors, focusing on voice and physicality within monologues that will be used for varying professional and conservatory auditions. Works range from classical to contemporary and vary in style.
- Pulling from Lucid Body Technique, Viewpoints, text work, etc. each session is catered to fit the specific needs of the actor and the material they are working to prepare.

**TEACHING EXPERIENCE – Elementary & Middle School Level****Broadway Classrooms****Workshop Instructor****BROADWAY.com, New York****2017 - present**

*Broadway Classroom is the leader in providing educational experiences for student groups visiting Broadway. Design and teach various acting workshops (including Broadway 101, Making the Scene, Acting Shakespeare, and Acting Audition), customized to individual groups visiting New York City. Group goals, abilities, age range, and level of experience are all worked into the customization.*

**Smart Partner Program****Adult Mentor****52nd Street Project****2013 - present**

*The 52nd Street Project's Smart Partner mission is to bring together students and adult mentors in collaborative relationships that foster open and equal exchange, lifelong learning, and sustained connection. Adult Mentors meet once a week with their partner to participate in a variety of activities including: creative writing, film-making, home-work help.*

**Dance-Making Class****Course Instructor****52nd Street Project****Spring 2014**

*The 52nd Street Dance Program is a nine-week program designed to introduce students ages 11-13 to the basics of movement and choreography. Adults guide their student partner through the creation of a two-person dance using basic elements like Shape, Actions, Pathways, and a Theme. At the end of the course, the adult/student pair perform a student choreographed duet together at the Five Angels Theater in Hell's Kitchen.*

**One-On-One Project****Director****52nd Street Project****Spring 2014**

*The 52nd Street One-on-One Project pairs a student ages 10-12 and an adult together to perform a play written for the pair and directed by the adult actor. All One-on-One participants travel to Wareham, MASS for a week-long rehearsal retreat with other student/director pairs. At the culmination of the retreat, the play has a tech and performance at the Five Angels Theater in Hell's Kitchen.*

**Private Acting Class****Teacher****Kids Creative Collective****Spring 2014**

*This four-week workshops introducing students ages 6 – 13 to the basics of acting and story-telling. Students are guided through theater games that inspire imaginative play. Improvisation exercises are designed to foster*

*creative thinking, communication & teamwork. Students develop confidence while having fun exploring the fundamentals of acting.*

**Theatre Ensemble                      Teacher                      Kids Creative Collective                      Spring 2013**

*Kids Creative Collective conducts weekly workshops in public schools throughout Manhattan and Brooklyn for students in grades 6 – 8. Workshops focus on improvisation, basic acting techniques, and “Making Theatre From Your Own Experiences.” A culminating event with school-wide faculty, parents and friends will showcase short plays created by the students.*

**Cubs Camp                      Workshop Teacher                      Columbia University                      Summer 2014**

*This summer acting workshop was developed and taught for Columbia University's Cubs Camp, a summer camp for NYC children ages 6 – 13, held at the Columbia University Morningside campus. Students of all experience levels are guided through imaginative play & improvisation exercises. Theater games and basic story-telling techniques are introduced to build on creative thinking, and to encourage communication & teamwork.*

**Performing Arts High School Audition Prep                      Private Group Workshops                      Ongoing**

*This workshop was developed to prepare students for the audition experience in a fun & supportive environment. Under the guidance of a recruited team of highly experienced teaching artists, students will be lead through physical & vocal warm-ups and transition into theater games designed to inspire creativity and build confidence. In preparation for the auditions outlined by major performing arts high schools, students are taught how to approach movement improvisation and how to breakdown cold readings. After working as a group, students will break into individual monologue preparation sessions with an assigned coach. Emphasis is placed on dramatic understanding, diction and clarity of communication. Skills developed throughout the workshop will provide young performers of all levels with the opportunity to deepen their craft and develop their joy of performing.*

#### **ADVANCED PROFESSIONAL TRAINING**

CELEBRATION BARN THEATER	Clown & Commedia Workshop with Avner Eisenberg
JOSE LIMON DANCE INSITUTUTE	Summer Conservatory at Lincoln Center
JACOB’S PILLOW DANCE FESTIVAL	Paul Taylor Summer Workshop
NEW YORK STATE SCHOOL OF DANCE	Skidmore College, Modern Dance Workshop

#### **REFERENCES**

JED DIAMOND Chair of Graduate Acting, University of Tennessee Knoxville, TN / 865.974.7068  
JESSICA BRATER Coordinator, Theatre Studies BA & MA Programs, Montclair State University, NJ / (917) 202-5896  
MEGAN CRAMER Theater Faculty, The Galloway School, Atlanta, GA / 347.678.5292  
STACEY LINNARTZ Artistic Director, Kids Creative Collective, NYC / 646.207.7780

**PERFORMANCE EXPERIENCE** visit [www.lindsaytorrey.com](http://www.lindsaytorrey.com) for full professional performance resume